

Newsletter Article for Middle/High OTC meds:

We are pleased to share the news that the School Board has approved a new medication policy that will allow Middle and High School students to receive limited doses of over the counter pain relief medication at school without a health care provider's signature. Parent signature will still be required.

1. The following pain relievers will be available in the health office for administration of age appropriate doses in the middle and high school health offices in treatment of **headache, menstrual cramps, and dental pain only**.
  - a. Acetaminophen – (e.g. Tylenol) 325 mg
  - b. Ibuprofen – (e.g. Motrin) 200 mg
2. Written parent/guardian permission will be required before pain relief medications will be administered. Permission forms are available for download on the district website, under health services, or on your school's website. Paper copies are available at your school's health office.
3. School supplied pain relief medications will be offered only after the need to medicate has been made according to written protocols, which school health secretaries will review before administering the pain relief medication.
4. Only one dose of school supplied pain relief medication will be given per day. Only 5 doses per school year. If another dose is requested by the student in the same day, the school nurse and parent will be notified. Once a student has received 5 doses, parents will be notified and a health care provider's signature will be required to receive further doses and the student will be required to have their own supply of medication.

Commented [FC1]:

If you have any questions please contact your schools health office.